

The COUCHICING CHALLENGE

Tuesday September 8

“A” ride: This is a longer one – approx. 60 KMS – with a choice of some climbing or mostly flat.

But of course, we have a shorter ride – keep reading.

The “A” group will ride together along the south shoreline of the lake, passing by the tributes to Gordon Lightfoot, before riding through woods and fields as we head toward Casino Rama. Passing by the casino (unless some riders have a biological need to stop in) we continue up Rama Road to Washago at the top of the lake. Another 4 kms will bring us to Lock 42 on the Trent-Severn system where we will rest for 15 to 20 minutes in the shade alongside the lock and possibly hear about the lock from the lock master. Washrooms and water are also available here.



Trent Severn Waterway – Lock 42

Leaving the lock, we head south on Boyd Rd & Cambrian Rd to Hampshire Mills Rd where the climbers can turn off onto and enjoy some hills on their way to Division Road and then turn right to the Uhtoff Trail at Carlyon.

The other A riders continue south on Cambrian to Carlyon Line, turn left and meet up with the warriors at Division Road as the Uhtoff Trail crosses Division at that intersection.

From this point it is all gently downhill, in the shade, past a beach and along the waterfront to Fionn Mccool where we will enjoy lunch on their deck ...not far from where we parked our vehicles.

“B” ride: Approx. 28 KMS – with a maximum grade of 1% or else flat.

Ride north along the shore, then up the Uthoff Trail, passing under Hwy 11, and continuing across División Road to Burnside Road (mostly through the woods – very nice). From there, turn right about 200m. along Burnside, right again onto Cambrian, then right again down Carlyon back to Division and the Uthoff Trail. About half way back on the Uthoff we cut over to the paved Centennial trail (if the leader remembers) and in any case, continue an easy downhill back to the restaurant.

... Really Really Really Important Info:

Due to construction, the specific parking and start location in Orillia may not be known until Sunday or Monday before the ride.

Therefore, ALL RIDERS MUST MEET AT TIMMIES BEFORE THE DEPARTURE TIMES INDICATED BELOW.

- **Two Start Times:**
- **“A” Ride:** (Circumnavigation 60K) **LEAVING** Timmies at **8:00am**
- **“B” Ride:** (Out & Back - 28K) **LEAVING** Timmies at **9:30am**
- **Lunch Time at Fionn MCCools:** approx. 1:30pm

Road/Trail Conditions: Variable but mostly very good trail and pavement on both routes. This ride will **BE FINE FOR TIRES 28mm OR WIDER. Some stretches of trail will be CHALLENGING FOR 23mm and 25mm tires.**

- **Grade Changes (AKA “Hills”):** For the short rides – only rail grade, less than 1%. There are some rolling hills along the roads on the circumnavigation. The Hampshire Mills cut-off has more substantial climbs.
- **Prepare for the day:** Lunch is at the end of the ride at about 1:30. Bring water. Bring a snack, and/or an energy bar, and/or a hip flask. “A” riders, be ready to do 20 to 30-minute stretches at 20kph+. There will be regular stops as well as those mentioned, but we will want to get some good cruising in.

BEFORE MONDAY MORNING July 31!!!

LET THE LEADERS KNOW YOU ARE COMING!

LET THEM KNOW IF YOU WILL BE LUNCHING AT FIONN MCCOOL

“A” Ride: Dan Edwards – edbrasco@gmail.com (705) 888-99842

“B” Ride: Rob Johnston – rob.johnston@sympatico.ca (416) 991-9273